

# PERSONAL CARE AIDE



- Earn High School Credits
- College Credit Opportunity (If taken with Medical Terminology)
- Free Pair of Scrubs
- \*CPR Certification
- \*Volunteer Opportunities

\*Pending Covid-19 restrictions

## CLASSES BEGIN EVERY SEMESTER!

**Program Cost: It's FREE!**

See your counselor or principal for enrollment information.

### Schedule:

Tuesday & Thursday  
12:45 PM - 2:15 PM

### Location:

Teacher-led Online Instruction  
with Ms. Rita Chatman-Anderson

[WWW.PCICOUNSELING.ORG/CAREERTECH](http://WWW.PCICOUNSELING.ORG/CAREERTECH)

**Personal Care Aide course description:** This one-semester course will divide a Personal Care Aide's (PCA) role into the various aspects of an in-home caregiver. Students will learn the role of a PCA including personal care, feeding and bathing, household tasks such as laundry, shopping, meal preparation and light housecleaning, transportation, protective supervision, and certain paramedical services ordered by a physician. Upon successful completion of this course, students will be directed to the Sacramento County IHSS Public Authority to attend mandatory orientations, have their fingerprints taken and fill out the necessary forms to earn a spot on the provider directory and be eligible for potential employment.